"Tell Your Story" Action Verbs

Critical Thinking/Problem Solving/Analytical	Oral/Written Communication	Teamwork/Collaboration	Technical	Leadership/Management	Professionalism/Work Ethic	Research	Organizational/Planning	Creative/Entrepreneurial	Teaching/Helping	Accomplishments
Accelerated	Addressed	Acquired	Assembled	Aligned	Accelerated	Analyzed	Acquired	Administered	Accommodated	Attained
Achieved	Arbitrated	Built	Built	Cultivated	Accomplished	Assembled	Activated	Built	Advised	Awarded
Advanced	Authored	Forged	Calculated	Directed	Achieved	Assessed	Adjusted	Charted	Advocated	Completed
Amplified	Briefed	Managed	Computed	Enabled	Acquired	Audited	Allocated	Created	Aided	Demonstrated
Boosted	Campaigned	Navigated	Designed	Facilitated	Advanced	Calculated	Altered	Designed	Alleviated	Earned
Capitalized	Co-authored	Negotiated	Devised	Fostered	Bolstered	Discovered	Appointed	Developed	Arbitrated	Exceeded
Centralized	Composed	Partnered	Engineered	Guided	Boosted	Evaluated	Arranged	Devised	Assessed	Outperformed
Clarified	Conveyed	Secured	Fabricated	Hired	Built	Examined	Assembled	Engineered	Assisted	Reached
Conserved	Convinced	Collaborated	Maintained	Inspired	Coordinated	Explored	Assessed	Established	Assured	Showcased
Consolidated	Corresponded	Enlisted	Operated	Mentored	Created	Forecasted	Assigned	Formalized	Bolstered	Succeeded
Converted	Counseled	Mediated	Overhauled	Mobilized	Dedicated	Identified	Authorized	Formed	Clarifed	Surpassed
Customized	Critiqued	Assisted	Programmed	Motivated	Demonstrated	Interpreted	Cataloged	Formulated	Coached	Targeted
Decreased	Defined	Contributed	Remodeled	Recruited	Enriched	Investigated	Centralized	Founded	Consulted	
Deducted	Developed	Mediated	Repaired	Regulated	Established	Mapped	Charted	Implemented	Continued	
Delivered	Documented	Participated	Solved	Shaped	Expanded	Measured	Classified	Incorporated	Cooperated	
Diagnosed	Drafted	Cooperated	Upgraded	Supervised	Expedited	Qualified	Collected	Initiated	Counseled	
Enhanced	Edited		Modernized	Taught	Implemented	Quantified	Committed	Instituted	Dealt	
Exercised	Formulated		Launched	Trained	Improved	Surveyed	Confirmed	Introduced	Eased	
Expanded	Illustrated			Unified	Increased	Tested	Contracted	Launched	Educated	
Expedited	Interpreted			United	Initiated	Tracked	Coordinated	Pioneered	Elevated	
Furthered	Lectured			Enlisted	Innovated		Customized	Spearheaded	Enabled	
Gained	Lobbied			Influenced	Inspired		Delegated	Performed	Endorsed	
Generated	Moderated			Assessed	Introduced		Designated	Planned	Enhanced	
Improved	Persuaded			Managed	Launched		Designed	Revitalized	Enriched	
Influenced	Promoted			Organized	Minimized		Dispatched	Shaped	Familiarized	
Integrated	Publicized			Authorized	Mobilized		Established		Fielded	
Lessened	Reviewed			Blocked	Modernized		Facilitated		Helped	
Lifted	Spoke			Delegated	Modified		Housed		Informed	
Maximized	Translated			Dispatched	Multiplied		Implemented		Interceded	
Merged				Enforced	Overhauled		Incorporated		Mobilized	
Modified				Ensured	Revamped		Instituted		Modeled	
Outpaced				Inspected	Revised		Issued		Polished	
Overhauled				Itemized	Spearheaded		Linked		Prescribed	
Reconciled				Monitored	Stimulated		Logged		Protected	
Redesigned				Screened	Suggested		Mapped out		Provided	
Reduced				Verified	Updated		Obtained		Referred	
Refined				Scrutinized	Upgraded		Ordered		Rehabilitated	
Refocused					Pioneered		Organized		Relieved	
Rehabilitated							Procured		Rescued	
Remodeled							Programmed		Resolved	
Reorganized							Recruited		Returned	
Replaced							Rectified		Saved	
Restructured							Retrieved		Served	
Revamped							Routed		Sustained	
Revitalized							Scheduled		Tutored	
Simplified							Selected		Validated	
Standardized							Secured		Trained	
Stimulated							Simplified		Adapted	
Streamlined							Sought		Guided	
Strengthened							Straightened			
Sustained							Suggested			
Transformed							Tracked			
Updated										
Upgraded										
Yielded										

CENTER FOR
LIFE'S WORK