

Nazareth College Creative Arts Therapy at NIARTE Institute

- Are you inspired by creative arts therapy?
- Are you looking for an adventure?
- Are you open to a career-enhancing international experience?

Come study with us in Brevens Bruk, Sweden at NIARTE Institute!

The graduate course is
CAT 613 Intercultural and Ethical Issues in
Creative Arts Therapy
(3 semester hours or 45 CEUs)

This one-week intensive course covers intercultural and ethical issues in creative arts therapy. It takes place at the NIARTE Institute in Brevens Bruk, Sweden, with a meeting in the U.S. before and after, for participants who are enrolled for semester credits. The meeting can be arranged as an online meeting if needed.

The course focuses on expanding creative arts therapy techniques and processes, ethical issues, and cultural competency. Participants will have an opportunity to learn about Sweden's history and cultural arts, as well as practical application of the creative arts. The course will be presented through lectures, tours, and experiential workshops.

Study abroad can be an enriching experience, and this course will be both an intensive learning experience and an immersion in the Swedish way of life. We will get practical experience with facilitating therapeutic communication by sharing expressive art activities in experiential workshops and studios.



We will participate in experiential art therapy sessions and lectures by faculty members of NIARTE Institute and Nazareth College.

The lectures will include creative art therapy techniques and processes, as well as exploring ethical, legal, clinical, and professional issues. They are designed to help us develop the ability to apply specific ethics codes to a variety of problem situations by using an ethical decision-making model.

During the experiential art therapy sessions, we will work with a variety of media, including painting, collage, clay, and either glass or metal.



In addition to serious study, discussions, and art therapy sessions; we will enjoy guided tours at nationally recognized museums, historical settings, and castles in this part of Sweden.

We will also take time out to enjoy and participate in cultural events at NIARTE Institute and in the local community, including being entertained with traditional music and dance, eating local cuisine, and celebrating the summer solstice national festival, called Midsummer or Midsommardagen in Sweden.



Brevens Bruk is recognized for its unique Midsummer celebration. We will visit the homes of townspeople to witness the creation of flower garlands and large basket decorations made especially for the Midsummer pole (similar to the May pole).

Our stay at NIARTE Institute will conclude with a traditional feast and assembly of the pole. Afterwards, we will join the townspeople of Brevens Bruk in the Midsummer celebration, including plenty of music and dancing around the pole.

Travel: Details will be provided after you register.

Costs: See insert. Included—lodging, all meals, admissions, private cars to and from the train station and to and from excursions, and art supplies at the school.

Not included—Nazareth tuition, CEU fees, air and train transportation, and some art-making materials.



NIARTE Institute in Brevens Bruk



Contact for More Information:

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Program Faculty:

Nazareth College

Renée van der Vennet, Ph.D., ATR-BC, CGP
Assistant Professor, Creative Arts Therapy Department

NIARTE Institute

Lena Hero, M.A. in Clinical Art Therapy from Loyola Marymount University, licensed psychotherapist, art therapist, and artist

Kenneth Wide, licensed psychologist, art therapist, artist, and author of the book, *Bildens Helande Kraft (The Healing Power of Art Making)*.

Both are founders, directors, and instructors of the art therapy training program at NIARTE Institute.

NIARTE is a private art therapy institute that has been training students from Sweden and other European countries for 18 years. Currently, the three-year program includes 40 students. The institute is directed by Lena Hero and Kenneth Wide. More information about NIARTE is available online at <http://www.niatre.nu>



Midsommardagen celebration by villagers in the community of Brevens Bruk

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Creative Arts Therapy in Sweden

Graduate Studies in
Creative Arts Therapy

