



# Stay connected with TIAA.

Our online retirement tools make it easier to keep track of your finances from anywhere.

## Manage your account

- If you have a user ID and password, log in to [tiaa.org](https://www.tiaa.org).
- If you're new to TIAA, visit [www.tiaa.org/nazareth](https://www.tiaa.org/nazareth) and select **Log in**, then select **Need online access?** Follow the on-screen directions to register for online access.

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## Investment information

You have several ways to view investment information and performance for Nazareth University retirement programs.

1. To view investment options available to you, visit [www.tiaa.org/nazareth](https://www.tiaa.org/nazareth) and select the **Investment options** tab. You will have the choice to **View all investments** or to select **Research and performance**.
  - If you choose **Investment options**, you will be able to explore all the investments offered in each plan.
  - To research the investment options and their performance such as a Morningstar rating, select the **Investment options** tab, then **Research and performance**. You will have the option to filter by each retirement plan.
2. If you have a user ID and password, log in to [tiaa.org](https://www.tiaa.org). Select the **Accounts** tab, then select **Research investments** under Quick Links. You will have the choice to View all my retirement plans or to select a retirement plan.

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## Beneficiary information

Beneficiaries are important and may change over time as life changes occur.

To view and manage your beneficiaries in your retirement plans, log in to [tiaa.org](https://www.tiaa.org). Select **Profile**, then select **Manage beneficiaries** under **Quick Links**.

You can also select the **Accounts** tab, then **View all actions** and select **Add/Edit beneficiaries**.

If you're new to TIAA, you will need to register for online access first, using the instructions under **Manage your account**.

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## Communication preferences

If you prefer to receive electronic communications about your retirement plans, you can select your communication preference by logging in to [tiaa.org](https://www.tiaa.org). Select **Profile**, then select **Communication preferences**. By selecting **Communication preferences**, you can go paperless and elect eDelivery to receive communications by email. After reviewing all elections, be sure to select **Save preferences**.

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## Online tools

Our online retirement tools make it easier to keep track of your finances from anywhere. From [tiaa.org](https://www.tiaa.org), you can select the Plan & Learn tab to find additional ways to:

- Create your own personalized plan
- Manage your financial goals
- Improve your financial health
- Find education, tools and calculators

## Need help?

For help navigating your online TIAA account, call **800-842-2252**, weekdays, 8 a.m. to 10 p.m. (ET).

To schedule a 1:1 meeting with a financial consultant at no extra cost, visit [tiaa.org/schedulenow](https://tiaa.org/schedulenow) or call **800-732-8353**, weekdays, from 8 a.m. to 8 p.m. (ET).

## Get the TIAA mobile app



## Get the app

Check your balances, view your beneficiaries, make updates, set up alerts and more in the TIAA mobile app.

## Go online

Log in at [tiaa.org/advicenow](https://tiaa.org/advicenow) to create a customized action plan with saving and investment recommendations.<sup>1</sup> You can also visit [tiaa.org/tools](https://tiaa.org/tools) for a wide range of support to help you with retirement planning, saving and investing, taxes, and budgeting.

## Get in touch

Schedule a 1:1 consultation with one of our consultants at no extra cost. Call us at **800-732-8353** weekdays, from 8 a.m. to 8 p.m. (ET) or make an appointment at [tiaa.org/schedulenow](https://tiaa.org/schedulenow). You can also visit [tiaa.org/webinars](https://tiaa.org/webinars) to sign up for one of our many upcoming financial education sessions.



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1. The projections or other information generated by this tool regarding the likelihood of various investment outcomes, investment allocations and retirement income are hypothetical in nature, do not reflect actual results and are not guarantees of future results. Results may vary with each use and over time.

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**Investment products may be subject to market and other risk factors. See the applicable product literature or visit [TIAA.org](https://tiaa.org) for details**

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