

## Study Tips Based on Multiple Intelligences (How You Learn)

*Adapted from [www.northallegbeny.org](http://www.northallegbeny.org)*

**Verbal Linguistic (Word Smart):** Word smart people are good with words, letters, and phrases. You enjoy activities such as reading, playing scrabble or other word games, and having discussions.

- Make flashcards for vocabulary AND key concepts (speak aloud when self-quizzing)
- Read textbook, notes (ones you took in class and from PowerPoint on website), handouts, etc. (repeat if necessary)
- Take extra notes on tougher parts of chapter(s)
- Rewrite key concepts and definitions
- Orally summarize section to another person (friend, parent, etc.)
- Re-organize class notes
- Orally recite definitions and key concepts

**Logical-Mathematical (Number Smart):** Number smart people are good with numbers, logic, and equations. You enjoy coming up with solutions to logical problems and figuring things out.

- Organize chapter notes into an outline (roman numeral style)
- Transform your notes into numeric charts, graphs, and tables.
- Put information you receive into categories and classifications that you create
- Compare/contrast previously learned items with new concepts (rock cycle vs. carbon & nitrogen cycles)
- Formulate analogies to describe abstract or complex ideas
- Devise a mnemonic device to help remember methods or multi-faceted definitions/terms

**Visual-Spatial (Picture Smart):** Picture smart people are good with art and design. You enjoy being creative, watching movies, and visiting art museums.

- Sketch pictures that go along with your notes or in the margins of your textbooks
- Draw a picture on a flashcard for each concept or vocabulary word you study
- Design charts, tables, diagrams, foldables, and/or other graphic organizers to organize and keep track of what you learn
- Picture images and scenarios in your mind to associate with different concepts and ideas
- Re-watch videos from class
- Make visual flash cards to study vocabulary and key concepts

**Bodily Kinesthetic (Body Smart):** Body smart people work well with their hands. You enjoy physical activity such as exercise, sports, and outdoor work.

- Write concepts/terms down in your own words
- Act out the concepts you need to remember
- Look for real-life examples that demonstrate what you're learning about
- Utilize manipulatives and interactive web material to master difficult concepts
- Try studying while moving or exercising
- Use physical motions to articulate vocabulary and key concepts
- Draw or write things in the air as you think about them



# Office of Student Success

**Musical (Music Smart):** Music smart people are good with rhythms and beats. You enjoy listening to music, attending concerts, and creating songs.

- Create a song, rap, or rhyme that will help you remember difficult concepts
- Listen to instrumental music while you study
- Remember vocabulary words by linking them to similar-sounding words in your mind
- Read text and notes aloud and repeat when it doesn't make sense
- Try saying concepts or definitions aloud with your eyes closed

**Interpersonal (People Smart):** Those who are people smart are good with relating to people. You enjoy going to parties, visiting with friends, and sharing what you learn.

- Discuss what you learn with a friend or family member
- Have someone quiz you before an exam
- Create or join a study group
- Go over section assessment chapter test questions from book with others
- Avoid being alone when you try to study (only if your intrapersonal intelligence is weak)
- Read about or watch videos on others' ideas on difficult topics (Google, YouTube, etc.)
- Share ideas with friends

**Intrapersonal (Self Smart):** Self smart people are comfortable with themselves. You enjoy being alone to think and reflect.

- Find a place to study alone where you won't be interrupted (avoid group studying)
- Talk to yourself about key concepts
- Reflect upon and correct handouts, book questions, and study guide by yourself
- Use glencoe.com to complete self-check quizzes for each section
- Keep a daily personal journal on what you learn

**Naturalistic (Nature Smart):** Nature smart people enjoy learning about the world of plants and animals. You generally like science and enjoy learning outdoors if the weather suits it.

- Try to be in or near nature when studying
- Try to connect vocabulary to nature

**Customization:** Talk to others who have similar learning styles to you and see what strategies work for them. Compile a list of strategies to try below:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



## Office of Student Success

### **Definition of Student Success:**

The true measure of student success is how well students are prepared to accomplish their current and future academic, personal, and professional goals through the development of knowledge, a sense of responsibility and self-reliance and a connection to the college and wider community.

### **Learning Outcome:**

Self Awareness: By utilizing the multiple intelligences inventory you are exhibiting the student success learning outcome of self-awareness. You are developing self-awareness by becoming mindful of your learning styles, learning habits, and thinking patterns.