

# ACS 101

TOPIC

DUE TODAY

IN CLASS

CLASS 1	CLASS 2	CLASS 3	CLASS 4	CLASS 5
8/27 8/27 8/27	8/27 8/27 8/27	8/29 8/30 8/31	9/12 9/6 9/7	9/19 9/13 9/14
Intro to each other and the course	Intro to each other and the course	Intro to each other and the course cont.	Identity and Goal Setting	Growth and Fixed Mindsets
Summer Read p. 21-25, p. 64-84, p. 164-174	Summer Read p. 21-25, p. 64-84, p. 164-174	Summer Read p. 21-25, p. 64-84, p. 164-174	Attend Involvement Fair, Complete Strengths Quest & print results	Identity & Goal Setting Part I, Blog post option #1, Read p. 101-110
Ice breakers; Review definition of student success; Explore ACS themes through readings	Ice breakers; Review definition of student success; Explore ACS themes through readings	Review syllabus; Introduce Core Portfolio; Pre-assessment	Review Identity & Goal setting assignment part I and StrengthsQuest activity	Developing a growth mindset; positive reframing
CLASS 6	CLASS 7	CLASS 8	CLASS 9	CLASS 10
9/26 9/20 9/21	10/3 9/27 9/28	10/10 10/4 10/5	10/17 10/11 10/12	10/24 10/18 10/19
Growth Mindset and Goals	Motivation & Resiliency	Self Management	Core, Advisement, and Registration	Midterm check-in
"Who Shall I Be?", Blog post option #2	Blog post option #3 Read p. 42-48, p. 116-121	Blog post option #4, Identity & Goal setting Part II Read p. 151-157	Print program evaluation from NazNet, Blog post option #5	Track your choices Blog post option #6
Reflect on Identity & Goal Setting Part I and Growth Mindset	Intrinsic/extrinsic motivation, locus of control, self-efficacy, review Identity & Goal setting Part II	Personal schedule analysis and decision making. Choice and transition.	Prepare for spring course registration	Food! Managing your roadblocks
CLASS 11	CLASS 12	CLASS 13	CLASS 14	CLASS 15
10/31 10/25 10/26	11/7 11/1 11/2	11/14 11/8 11/9	11/21 11/15 11/16	11/28 11/29 11/30
Metacognition Recap	Campus Resource Presentations	Identity and Goals Revisited	Managing Stress	FINAL CLASS SESSION
Blog post option #7 p. 241-249 Read p. 133-144	Campus Resource Presentations	Blog post option #8	Blog post option #9	Identity & Goals Revisited, Blog post option #10
Messy problems and practical strategies, process and results orientations	Campus Resource Presentations	Review Identity and Goals Revisited	Positive Reframing; Identify stressors and strategies to manage stress	Closing Activities & class evaluations



MONDAY

TUESDAY

WEDNESDAY

# Academic and College Success

\*This course calendar and assignments are subject to change.

\*\*Topics for weeks 9 and 10 may be reversed, \*depending on schedule for Core, Advising and Registration presentations