



Tobacco Free, Smoke Free, Vape Free Campus Study

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Background and Significance

In the fall of 2016, the Public Health Department started designing the tobacco free, smoke free, vape free policy that will take effect in August of 2017.

There was a need to collect data on the prevalence of tobacco, smoke, and vape usage on campus and how this new policy would affect the Nazareth community.

Research Questions

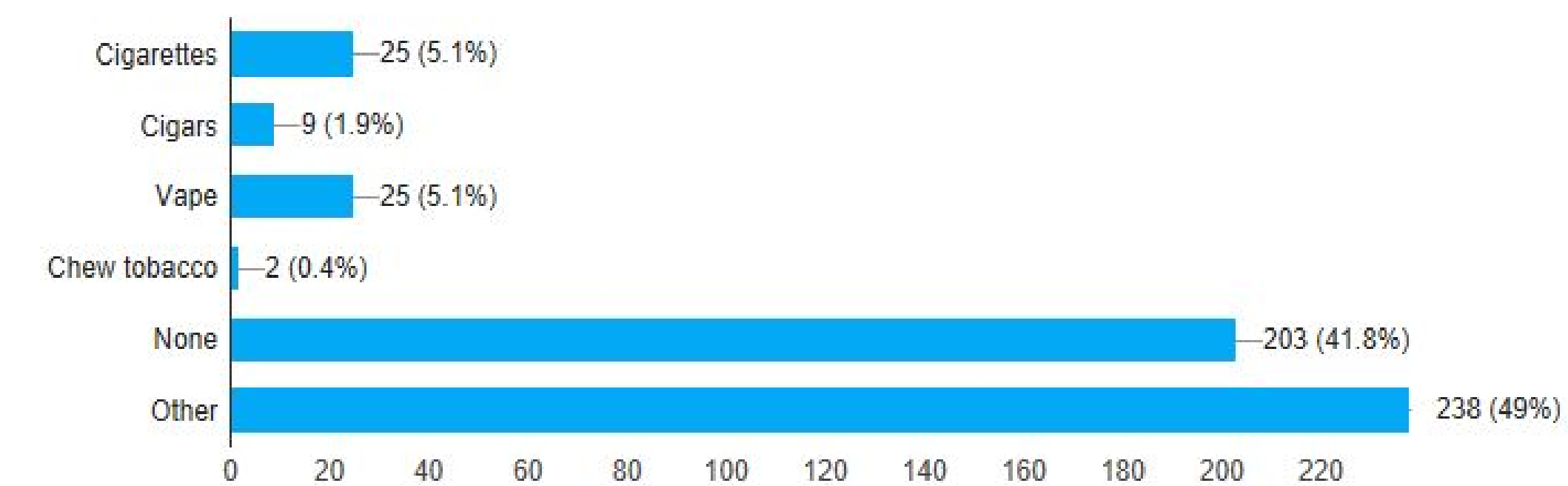
1. What is the prevalence of tobacco, smoking, and vaping on Nazareth College Campus?
2. Who will the new tobacco free, smoke free, and vape free policy affect?
3. What are the attitudes towards the tobacco free, smoke free, vape free policy?
4. Would the new tobacco free, smoke free, and vape free policy encourage current users to quit?

Procedure

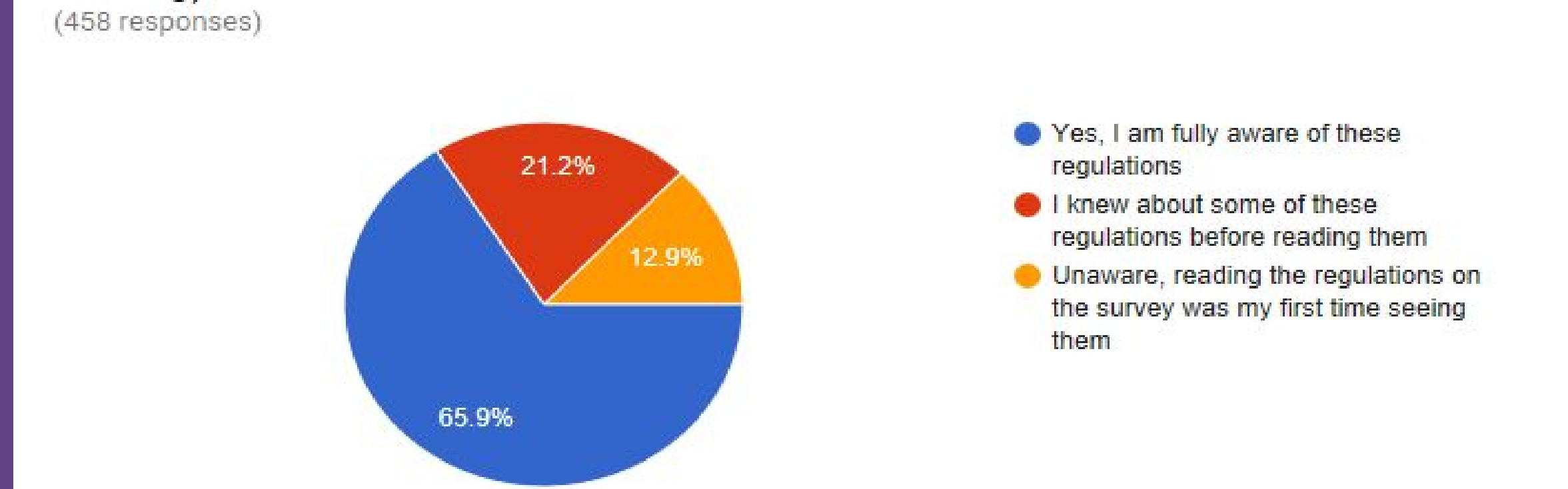
We conducted a survey that was sent to faculty, staff, undergraduate students and graduate students.

There was several questions posed to these different areas of individuals. We then examined the survey and could then determine who the policy changes would affect the most. This also allowed us to determine the attitudes towards the new policy.

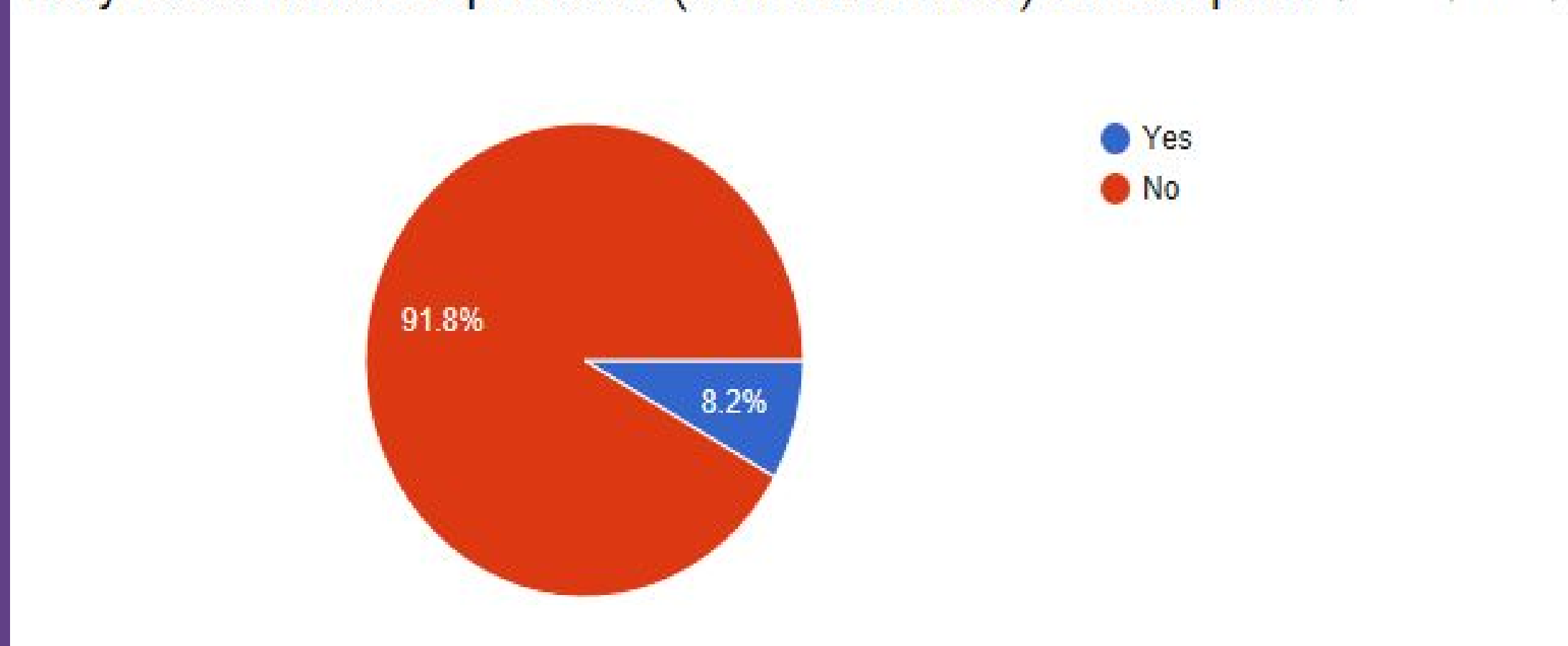
Do you currently use any of the following? (check all that apply) (486 responses)



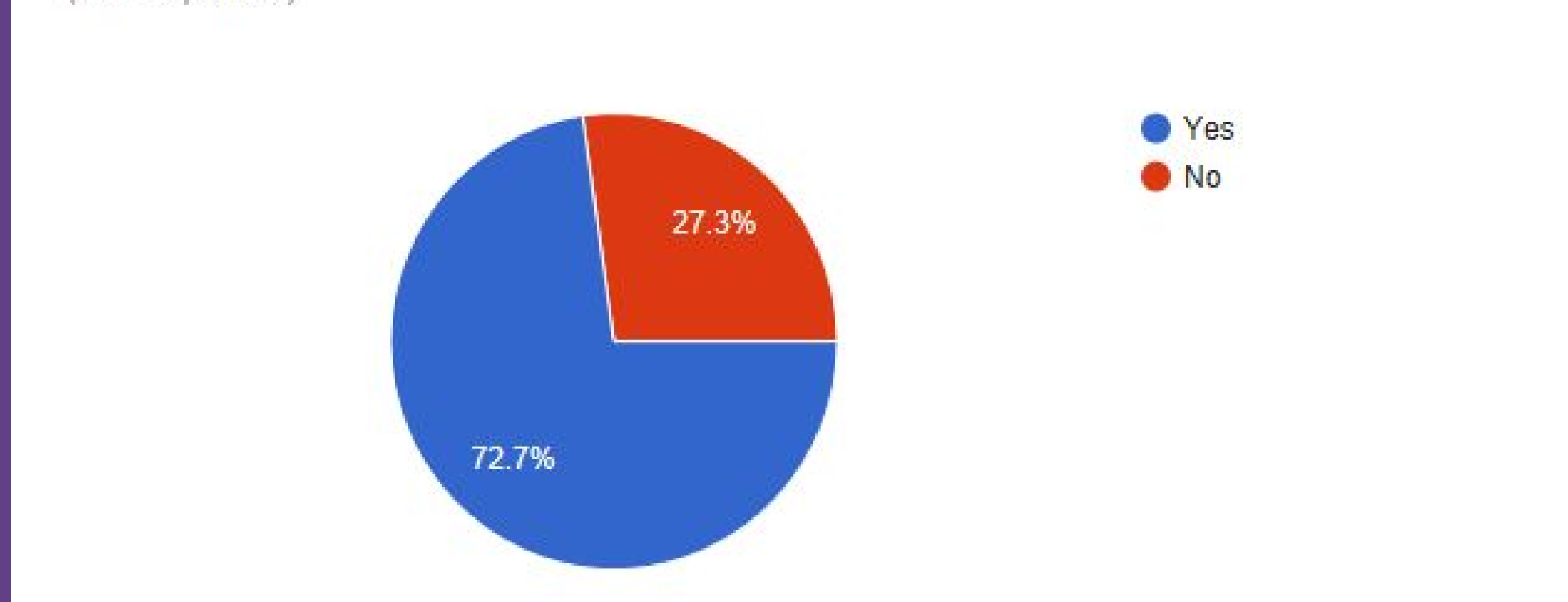
Are you aware of the current regulations that Nazareth College already has on smoking? (Smoking is not allowed in the college's tunnel system; and smoking cannot occur within 20 feet of a main entrance or walkway of a building) (458 responses)



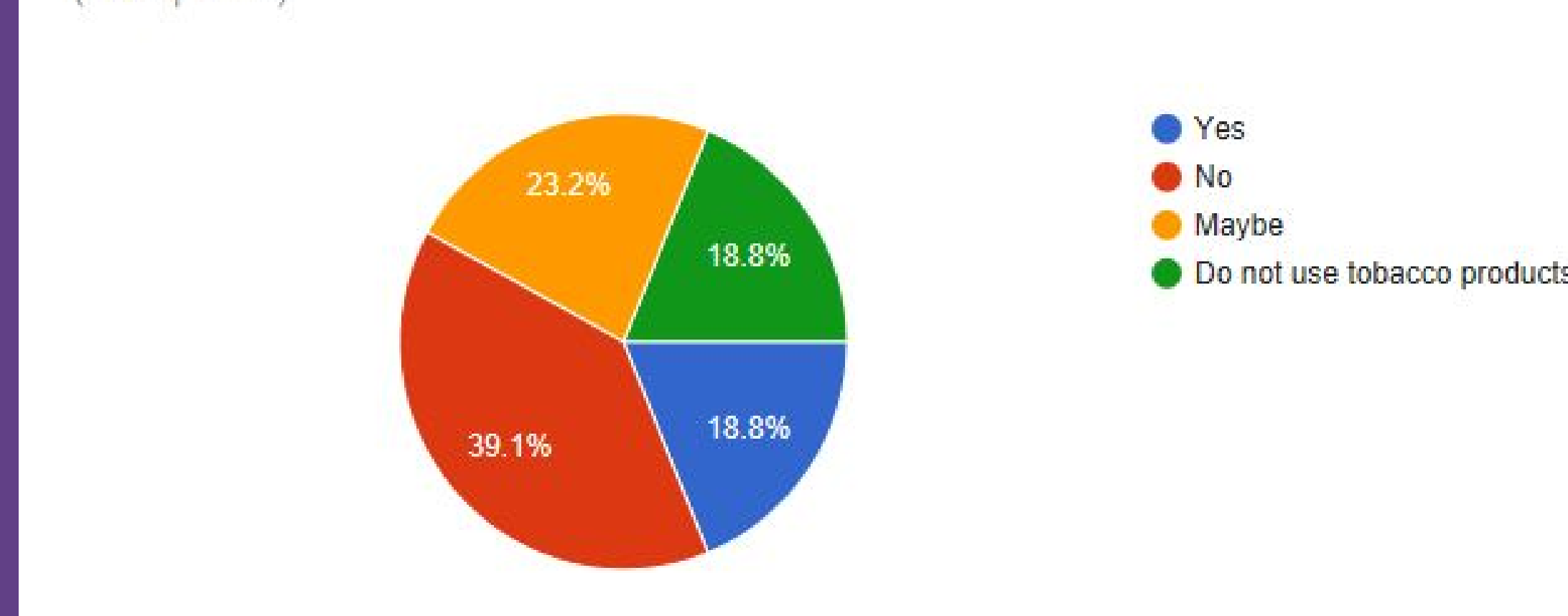
Do you use tobacco products (all listed before) on campus? (377 responses)



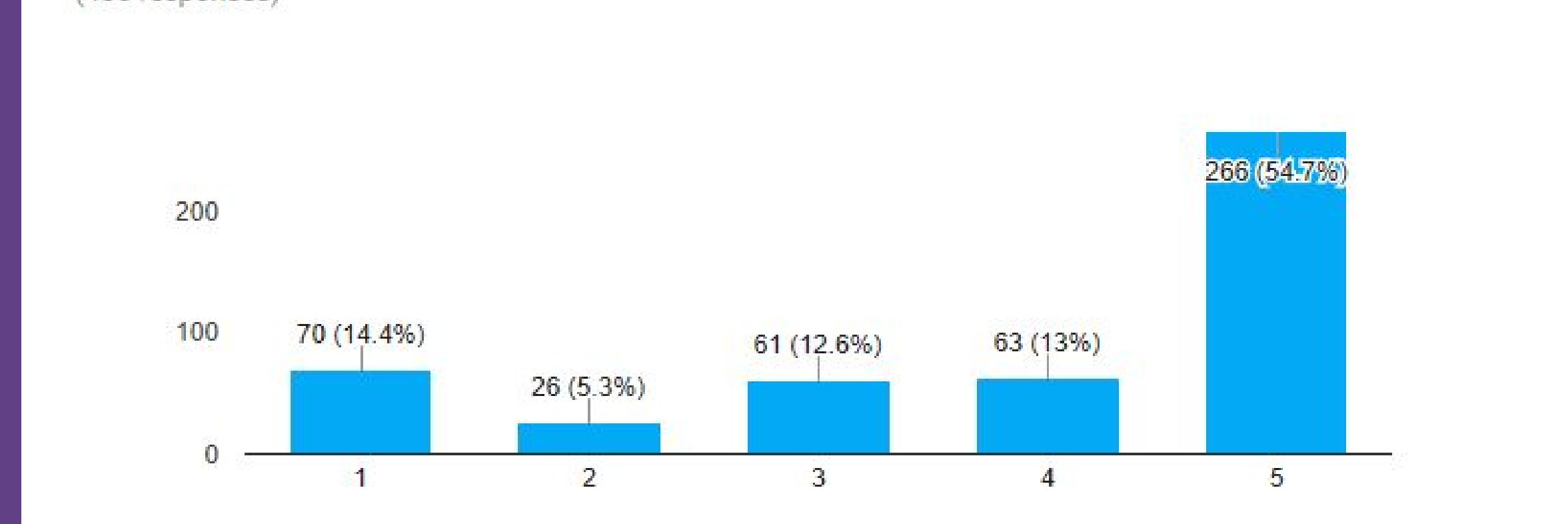
Do you feel that a tobacco free campus would positively impact you? (466 responses)



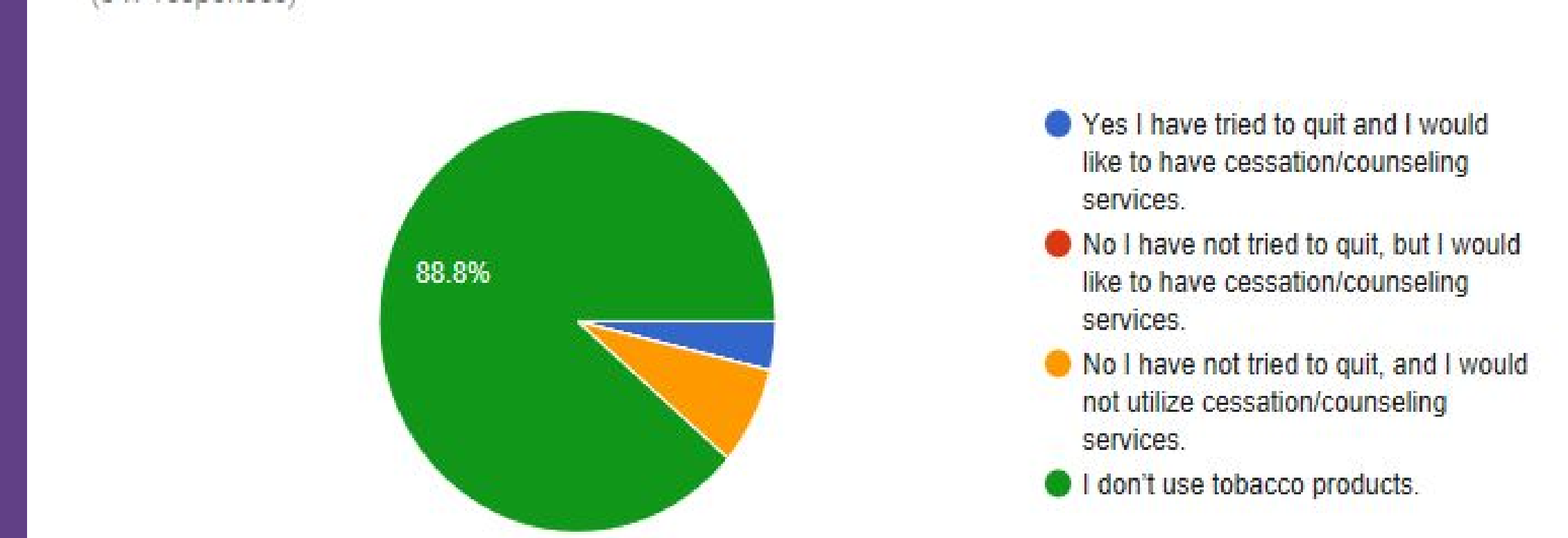
If you currently use tobacco products, would you consider quitting? (69 responses)



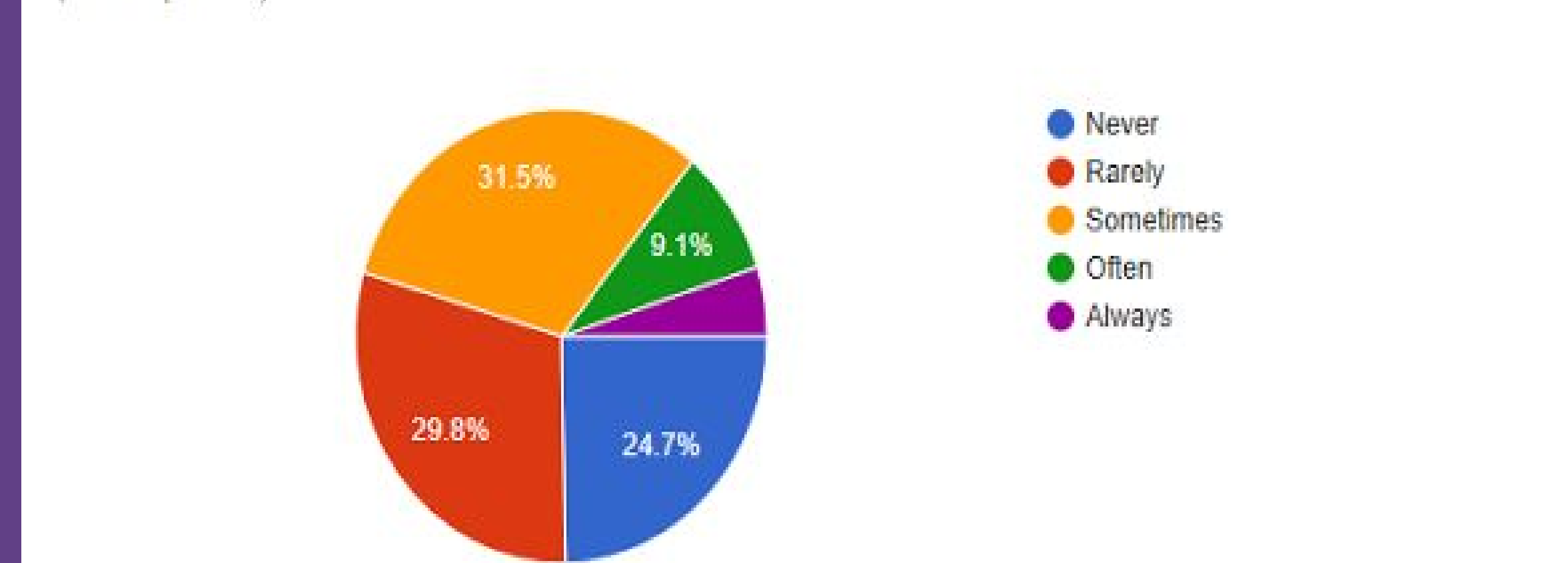
On a scale of 1-5, how much would you support Nazareth College becoming a tobacco-free, smoke-free, and vape-free? (486 responses)



Have you ever tried to quit using tobacco products, and would it be helpful if Nazareth College provided cessation or counseling services? (347 responses)



When I walk through campus, I am bothered by secondhand smoke/vaping: (486 responses)



Results

- N = 486 participants
- DEMOGRAPHICS:
 - Females: n= 355 (73.2%)
 - Males: n= 127 (26.2%)
 - Prefer not to say: n=2 (0.4%)
- n = 61 (12.5%) reported using at least one of the following choices: cigarettes: n= 25 (5.1%); cigars: n= 9 (1.9%); vape: n=25 (5.1%); chewing tobacco: 2 (0.4%)
- n = 31 (8.2%) participants reported some type of tobacco, smoke ,or vape product use on campus

Discussion/Conclusion

The overall prevalence of tobacco, smoke, and vape use on campus was n= 31 (8.2%) participants

- n=238 (49%) participants reported "other" for what types of product they use (check all that apply). Given that no information was collected on "other" we are unable to draw any conclusions.
- n=339 (72.7%) of respondents feel the policy will positively affect them.
- n=127 (27.3%) of respondents said they felt that the policy would not positively affect them.
- The new policy will directly effect those who use tobacco, smoke, or vape products because they will have to refrain from engaging in these activities on campus.

Future Directions

This survey will be used to inform the campus community regarding the initiative and will give administration (and additional staff; including student work groups) information on the campus climate. This information will then be used to develop policies and messaging for the community.