

Alternative Break Student Application

Nazareth College Center for Civic Engagement

Name _____ Phone: _____
Address/Box # _____
E-Mail _____ Student ID _____
School Year _____ Major _____ Minor _____

Please check which trip(s) you are applying for: ***SEE NEXT PAGE FOR TRIP DESCRIPTIONS***

- ☐ *FALL BREAK: CATRA, Grantville, PA, Oct. 3-7, 2018
- ☐ *JANUARY INTERSESSION (1 WEEK), 2019: Gulf Coast, TX, Focus- Disaster Relief
- ☐ *JANUARY INTERSESSION (1 WEEK), 2019: Costa Rica, Focus- Poverty & Community Development
- ☐ *SPRING BREAK, 2019: Ecuador, Focus- Health
- ☐ *SPRING BREAK, 2019: Ecuador, Focus- Socio-Economic
- ☐ *SPRING BREAK, 2019: Appalachian Service Project, West Virginia, Focus- Sustainable Housing

Please consider your answers thoughtfully!

1. Why do you want to participate in this service experience?

2. How does this experience tie in with your education and future goals?

3. The following are 8 components of a quality alternative break program: strong direct service, alcohol and drug free, education/orientation/training, diversity and social justice, reflection, re-orientation. Choose 2-3 of these components and write why you feel these components contribute to a positive alternative break experience.

4. During the trip there are required reflections and activities for your team throughout the day and evening. This allows the team to check in with each other and process the days' events in a fun and meaningful manner. How do you feel reflections contribute to personal and team growth?

5. Please share with us a community service experience that had a particular impact on you.

6. Do you have any health concerns or physical limitations that would be helpful for us to be aware of? If yes, please explain:

****For FALL / JANUARY BREAK TRIPS, Applications are due by FRIDAY, SEPTEMBER 7 to GAC 166. If the door is closed, simply slide application under the door.***

****For SPRING BREAK TRIPS, Applications are due by MONDAY, OCTOBER 8th to GAC 166. If the door is closed, simply slide application under the door.***

Contact information for Alternative Breaks:

nazaltbreaks@gmail.com OR Emily Marchese, emarche0@naz.edu or 585-389-2726

TRIP DESCRIPTIONS:

*** Place a check next to the three trips that you are most interested in ***

☐ **FALL- Reframing Disability: Dismounting Differences**

Organization: Capital Area Therapeutic Riding Association

Location: Grantville, PA

Focus: Therapeutic Horseback Riding

Date: Wednesday Oct. 3rd - Sunday Oct. 7th 2018

How does riding horses bring hope for individuals with a wide range of abilities? This trip will give participants a chance to explore a therapeutic horseback riding farm in Grantville, PA where participants of all ages and backgrounds are welcome. Service projects include farm chores and assisting with lessons.

☐ **WINTER- A Cross Cultural Exchange: Empowering others through self Empowerment**

Organization: ICADS

Location: Costa Rica

Focus: Poverty and Community Development

Date: 1 week in January

We will be partnering with the Institute for Central American Development Studies (ICADS). Students will be immersed in Costa Rican Culture as they partner with a grassroots rural development cooperative whose mission is to empower local coffee and citrus farmers (among others) through education, environmental sustainability training, political advocacy, and by providing access to newer technologies. Students will work alongside families and experience firsthand the challenges and opportunities of the region.

☐ **WINTER- Giving a Hand After Harvey: Hurricane Relief**

Organization: All Hearts and Hands

Location: The Gulf Coast, Texas

Focus: Disaster Relief & Recovery

Date: January 7th-13th

Students will provide support and relief to areas recovering from Hurricane Harvey, as well as make meaningful comparisons between areas in the U.S. By partnering with this committed organization, students will see the effects of this extremely powerful hurricane and help rebuild buildings on the campus of The Rhodes School for the Performing Arts in Houston, which is a public charter school that heavily serves low-income students and was severely impacted by Hurricane Harvey.

☐ **SPRING- Development in Ecuador: Socio-economic Awareness**

Organization: UBELONG

Location: Quito, Ecuador

Focus: Economic Development and Social Entrepreneurship

Date: Spring Break 2019

Working with a local Ecuador community, students will assist individuals with their small businesses and learn about their everyday lives. Students will also do light construction work at a local daycare. Students will learn about the economic development in Ecuador and how it differs from America, while hearing stories and wisdom from Ecuadorian people.

❑ **SPRING- Global Compassion: Helping Hands for Elderly Individuals**

Organization: UBELONG

Location: Quito, Ecuador

Focus: Healthcare

Date: Spring 2019

Every person matters and every person deserves a healthy and safe life. This intensive trip focuses on healthcare and partners with a global organization working with local communities in Ecuador. Students will provide helping hands, positive social interaction, and lead activities to improve the quality of life for elderly individuals who lack family support. Students will also be involved with rehabilitation sessions at a local public clinic. In addition, the differences and similarities in healthcare and poverty between the U.S. and Ecuador will be explored by students.

❑ **SPRING- Building Hope with our Hands: Creating Sustainable Housing for Families in West Virginia**

Organization: Appalachia Service Project

Location: Brenton, WV

Focus: Sustainable Housing

Date: Spring Break

According to the US Census Bureau as of 2015, 43.1 million Americans were living in poverty - a condition where their basic needs for food, clothing, and shelter are not being met. This trip will explore the intersections of poverty, hunger and safe housing through service and learning opportunities. Students on this trip will be engaging in hands-on building and renovation projects through the non-profit, Appalachia Service Project. Daily, students will work alongside families living in rural poverty. Throughout the trip and the pre-trip experience, students will examine the importance of sustainable housing in rural and urban communities.