Study Tips Based on Multiple Intelligences (How You Learn)

Adapted from www.northallegheny.org

☐ **Verbal Linguistic (Word Smart):** Word smart people are good with words, letters, and phrases. You enjoy activities such as reading, playing scrabble or other word games, and having discussions.

☐ Make flashcards for vocabulary AND key concepts (speak aloud when self-quizzing)
☐ Read textbook, notes (ones you took in class and from PowerPoint on website), handouts, etc. (repeat if necessary)
☐ Take extra notes on tougher parts of chapter(s)
☐ Rewrite key concepts and definitions
☐ Orally summarize section to another person (friend, parent, etc.)
☐ Re-organize class notes
☐ Orally recite definitions and key concepts

☐ **Visual-Spatial (Picture Smart):** Picture smart people are good with art and design. You enjoy being creative, watching movies, and visiting art museums.

☐ Sketch pictures that go along with your notes or in the margins of your textbooks
☐ Draw a picture on a flashcard for each concept or vocabulary word you study
☐ Design charts, tables, diagrams, foldables, and/or other graphic organizers to organize and keep track of what you learn
☐ Picture images and scenarios in your mind to associate with different concepts and ideas
☐ Re-watch videos from class
☐ Make visual flash cards to study vocabulary and key concepts

☐ **Logical-Mathematical (Number Smart):** Number smart people are good with numbers, logic, and equations. You enjoy coming up with solutions to logical problems and figuring things out.

☐ Organize chapter notes into an outline (roman numeral style)
☐ Transform your notes into numeric charts, graphs, and tables.
☐ Put information you receive into categories and classifications that you create
☐ Compare/contrast previously learned items with new concepts (rock cycle vs. carbon & nitrogen cycles)
☐ Formulate analogies to describe abstract or complex ideas
☐ Devise a mnemonic device to help remember methods or multi-faceted definitions/terms

☐ **Bodily Kinesthetic (Body Smart):** Body smart people work well with their hands. You enjoy physical activity such as exercise, sports, and outdoor work.

☐ Write concepts/terms down in your own words
☐ Act out the concepts you need to remember
☐ Look for real-life examples that demonstrate what you’re learning about
☐ Utilize manipulatives and interactive web material to master difficult concepts
☐ Try studying while moving or exercising
☐ Use physical motions to articulate vocabulary and key concepts
☐ Draw or write things in the air as you think about them
Musical (Music Smart): Music smart people are good with rhythms and beats. You enjoy listening to music, attending concerts, and creating songs.

- Create a song, rap, or rhyme that will help you remember difficult concepts
- Listen to instrumental music while you study
- Remember vocabulary words by linking them to similar-sounding words in your mind
- Read text and notes aloud and repeat when it doesn’t make sense
- Try saying concepts or definitions aloud with your eyes closed

Intrapersonal (Self Smart): Self smart people are comfortable with themselves. You enjoy being alone to think and reflect.

- Find a place to study alone where you won’t be interrupted (avoid group studying)
- Talk to yourself about key concepts
- Reflect upon and correct handouts, book questions, and study guide by yourself
- Use glencoe.com to complete self-check quizzes for each section
- Keep a daily personal journal on what you learn

Interpersonal (People Smart): Those who are people smart are good with relating to people. You enjoy going to parties, visiting with friends, and sharing what you learn.

- Discuss what you learn with a friend or family member
- Have someone quiz you before an exam

- Create or join a study group
- Go over section assessment chapter test questions from book with others
- Avoid being alone when you try to study (only if your intrapersonal intelligence is weak)
- Read about or watch videos on others’ ideas on difficult topics (Google, YouTube, etc.)
- Share ideas with friends

Naturalistic (Nature Smart): Nature smart people enjoy learning about the world of plants and animals. You generally like science and enjoy learning outdoors if the weather suits it.

- Try to be in or near nature when studying
- Try to connect vocabulary to nature

Customization: Talk to others who have similar learning styles to you and see what strategies work for them. Compile a list of strategies to try below:

- ____________________________
- ____________________________
- ____________________________
- ____________________________
Learning Outcome:

Self Awareness: By utilizing the multiple intelligences inventory you are exhibiting the student success learning outcome of self-awareness. You are developing self-awareness by becoming mindful of your learning styles, learning habits, and thinking patterns.

Definition of Student Success:

The true measure of student success is how well students are prepared to accomplish their current and future academic, personal, and professional goals through the development of knowledge, a sense of responsibility and self-reliance and a connection to the college and wider community.