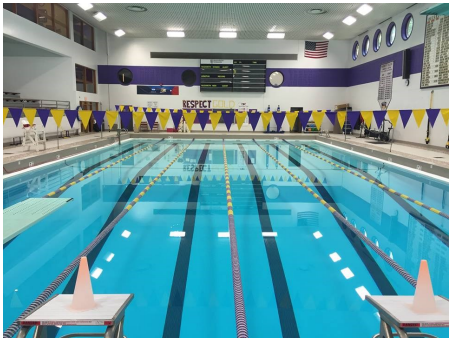




# Nazareth College

## Learn to Swim + Learn to Dive Program

### March 29-April 13, 2017



### Registration Date:

In-Person: Tuesday March 21st, 6:00-7:00pm  
@ Nazareth College Pool

Open to all ability levels

Ages 5-14

An 8 Session Program

### ABOUT THE PROGRAM:

**General:** The Nazareth College Varsity Swimming and Diving program is proud to offer lessons to children in the area looking to sharpen their skills in the pool.

**About the Program:** This is an 8 session program that spans three weeks; March 29-April 13. Program runs on Wed, Thu and Mon.

Class dates: Wed 3/29, Thu 3/30, Mon 4/3, Wed 4/5, Thu 4/6, Mon 4/10, Wed 4/12, Thu 4/13

Note: Knowing that potential conflicts may occur there is some flexibility to make up classes on Tuesday or Friday.

**About Learn to Swim:** This program is designed for children who are in the process of learning and mastering basic swimming skills— from Level 1 (basic water exploration) up through level 6 (skill proficiency).

Children will be placed in a 1:2 instructor to swimmer ratio and will be taught skills that correspond with the American Red Cross swimming levels program.

Children must be in kindergarten and at least FIVE years old. For registration, please follow this link and indicate which red cross level your child is at:

<http://www.stansburypark.org/pdf/pool/redcrosswimlevels.pdf>

**About Learn to Dive:** This program is designed for any child interested in learning skills to be a diver. Program would work from beginning levels (never been a diver before) up through advanced levels (looking to sharpen up skills as a competitive diver). This program will be taught by Nazareth College Varsity Intercollegiate Divers.

Lessons- Divers MUST come to the 5:30pm–6:15pm session to have proper space.

### ABOUT THE INSTRUCTORS

**Director: SCOTT WHITBECK**

Scott is completing his first season as the head coach of Nazareth College. This program was created at his previous position at New Paltz and he directed 9 such Learn to Swim clinics that taught over 500 children swim lessons.



**Instructors: Nazareth College Swim+Dive**



The members of the Nazareth College Golden Flyers swimming and diving team will instruct the children on a daily basis during the camp. Our team has seven WSI instructors, and each one of our college students will be trained on basic instruction of each level prior to the course.

**Cost:** \$120 for the entire program

**Benefit:** This program serves as a fundraiser for the Men's and Women's Varsity swimming and diving program.

**Location:** All sessions are at the Nazareth College pool in the Shults Center on campus. Parents are welcome to watch all sessions!

## Other Important Info

### Learn to Swim Program: Ages 5 and up March 29-April 13

- Choose one of the following time slots:  
4:00, 4:45, or 5:30pm
- Lessons are 35 min for ages 8 and under, 45 min for ages 9 and over
- Learn to dive will be 5:30-6:15pm
- Each swim participant will be placed in a strict 1 instructor to 2 student class
- All abilities are welcome, even if your child has NEVER swam before!
- Please select what level you think your child is at (link on front page) and indicate during registration

**Parking:** Park anywhere on campus, as long as its an actual spot. Please do not park in drop off spots that require hazard lights or in spots designed for campus / security vehicles. Lots A or Lot H is recommended. Please do not park in front of the York WRI building.

**Pick up and Drop Off:** All parents must bring children to the pool and oversee them until the class begins. Children will not be allowed to leave the pool deck after lessons without a parent.

## REGISTRATION

### 1. In-person registration

Tuesday March 21st from 6-7pm @ Nazareth College pool

### 2. If you cannot make it on this date:

Please contact Scott Whitbeck. You are not guaranteed a spot, but if openings still exist you will be added to the class after the registration date.

**Price per individual:** \$120

**Checks :** Made payable to Nazareth College Swimming

## Application

Please sign the waiver and bring this to registration along with your payment of \$120 (check- to Nazareth College Swimming)

Refund policy: As the purpose of this program is a fundraiser there are no refunds.

<b>SESSION OF CHOICE</b>	
4:00 <input type="checkbox"/>	4:45 <input type="checkbox"/>
5:30 <input type="checkbox"/>	Divers must come at 5:30pm

Lessons are 35 min for 8 and unders, 45 min for 9 and overs.

Child's Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone: \_\_\_\_\_

Parents Email Address: \_\_\_\_\_

Age \_\_\_\_\_

**Red Cross Level:** \_\_\_\_\_

Parent Signature \_\_\_\_\_

### FOR MORE INFO:

Scott Whitbeck, Head Swimming Coach  
swhitbe9@naz.edu , 585-389-2198

## NAZARETH COLLEGE

### Assumption of Risk and Insurance Policy Statement For participation in camp and sports clinic activities at Nazareth College

I understand and agree that the participation of my son/daughter in any camp or sports clinic held at Nazareth College is voluntary.

I further understand and agree that Nazareth College is not liable for any injury, damage, or other loss which my son/daughter may cause or incur, or may cause others to incur, while using Nazareth College facilities or equipment, or while participating in any camp or clinic provided by Nazareth College and/or its affiliates.

I am aware that Nazareth College DOES NOT carry insurance coverage for any injury or damage that my son/daughter might cause or incur while using Nazareth College equipment or facilities.

I have insurance coverage for my son/daughter, and specifically assume responsibility for all risks, injuries, damages, or other losses that my son/daughter might cause or incur while using any equipment and/or facilities at Nazareth College, or while participating in any program, exercise or activity while on the Nazareth premises.

NOTE: Children who do not have this form completed by the start of the lessons will not be permitted to participate in any related activity until this form is completed and returned.

NAZARETH COLLEGE *Learn to Swim + Learn to Dive Program*

Name of swimmer \_\_\_\_\_

Parent/Guardian name \_\_\_\_\_

Daytime Phone # \_\_\_\_\_

Cell Phone # \_\_\_\_\_

Evening Phone # \_\_\_\_\_

Insurance Policy Carrier \_\_\_\_\_

Policy Number \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_