

Reshaping Body Image: Tape Sculpture as Arts Based Social Justice

Presenters: Laura Teoli MS ATR-BC, LPC (WI), Dan Summer, LCAT, ATR-BC
& Devon Govoni, LMHC (MA), ATR



Workshop Objectives

- Define dominant narratives.
- Identify at least one impact of dominant narratives on their clients.
- Learn two drama therapy techniques that can be used in their practices.
- Learn to use tape sculpture to express a narrative about bodies.

Workshop abstract: This workshop will focus on the use of art and drama therapy to address and confront dominant narratives about bodies. It will be primarily experientially based.

Please Note: Attendees will be asked to participate in movement and dramatic enactments, to express themselves non-verbally and in sound, to interact in close proximity with one another, and to engage in an arts process which may take up to 3 hours (breaks provided) of focused attention. We ask that participants be comfortable with working closely with peers, which may include touch, during the body casting process.

Additionally, due to the nature of art-based work using tape and scissors, we ask that participants either arrive dressed in (or bring) comfortable clothing they are okay with being damaged as part of the process. While this is unlikely and precautions are taken to avoid damage to clothing, there is a possibility of it occurring.



Laura A. Teoli is a Visiting Professor of Art Therapy at Nazareth College. She received her MS in Art Therapy with an Emphasis in Counseling from Mt. Mary College and a Graduate Diploma in Art Therapy from LaTrobe University in Melbourne, Australia. Laura is currently working on her PhD in Expressive Arts Therapies at Lesley University where her dissertation explores what happens when art therapists create art alongside clients in their group therapy practices. Laura has over 9 years of clinical experience as an art therapist in a psychiatric hospital, group homes and residential treatment facilities where she facilitated group therapy and she supervised post-graduate art therapists.

Dan Summer is a Licensed Creative Arts Therapist at Montefiore Medical Center in NYC. He provides individual and group psychotherapy to emotionally disturbed children and adolescents. He is an adjunct faculty at Touro College.

Devon Govoni is a Licensed Mental Health Counselor and ATR who practices in Plymouth, MA.



Saturday March 24, 2018
8:00am - 12 noon, lunch, 1:00 pm - 5:00pm
Nazareth College, Medaille
8 contact hours NY LCAT #0036 approved
Cost: Professionals \$95-Students \$45

Nazareth College Creative Arts Therapy is recognized by the New York State Education Departments State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Creative Arts Therapist. #CAT-0036

Registration Form: Pre-reservations required - space is limited

Name: _____

License Type? (Circle one) LCAT, LMHC, LMSW, LCSW, ATR-BC Other: _____ License Number _____

Email: _____ phone: (____) _____

Paid _____ check # _____

Please fill out and return to Michele Petrin (mpetrin3@naz.edu) with payment

Checks should be made out to Nazareth College

c/o Nazareth College, Michele Petrin-CAT, 4245 East Ave, Rochester NY 14618